

new job."

"If the man will trust me I guess I'll have to," she said. She sat down on the

"That's five blocks right there," she

said. "Then you come in and find your

work on the stump and it will do you some good."

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Body by Se-go

you get a 225-calorie, nutritionally balanced meal—and you get the "Very" flavors. Very rich, very thick, very tasty—so you never get bored.

Drink Se-go four times a day, nibbling in between. Or, replace just one meal and nibble when the afternoon hungries hit. It all depends on how quickly you want to lose.

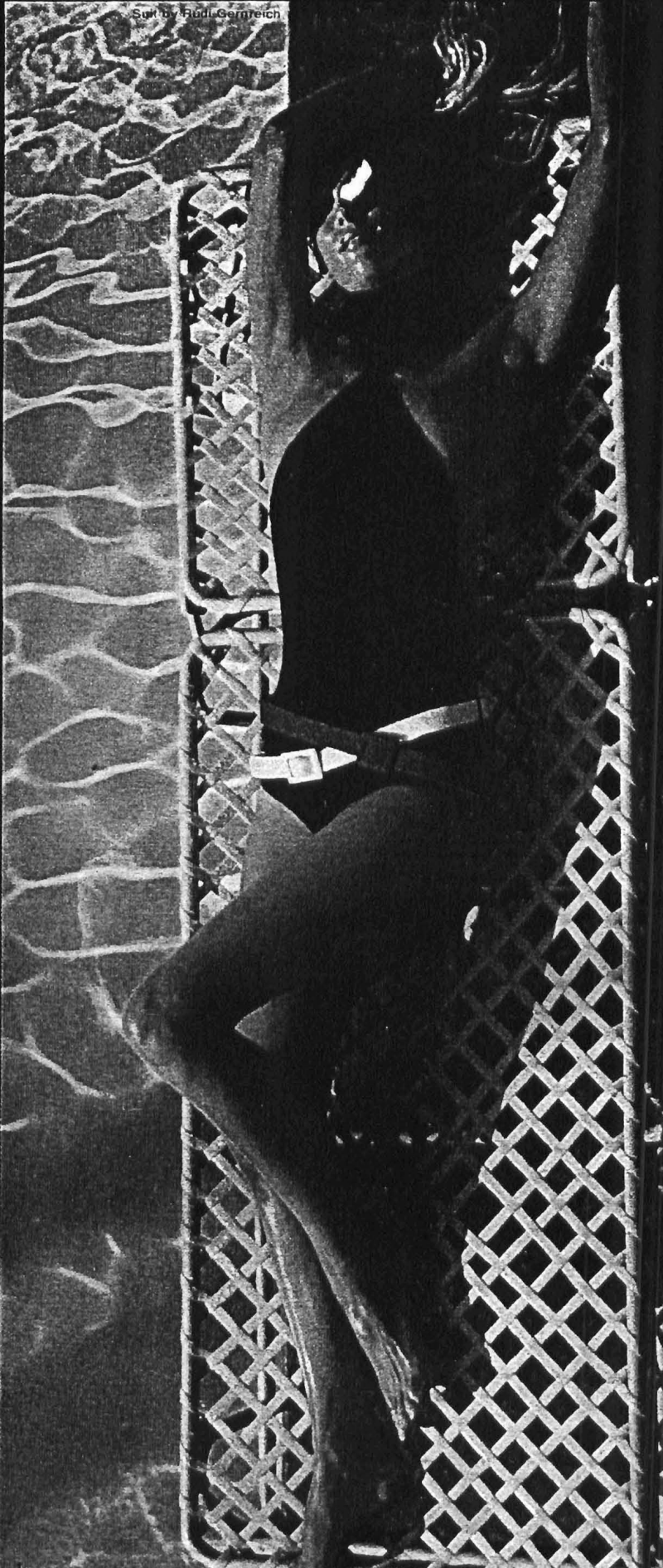
Have a slim summer!

Se-go Summer Diet Plan #1. Isn't summer just the perfect time to slim? All those luscious low-calorie fruits and vegetables like carrots, celery, green peppers and cauliflower to munch on to your heart's content.

But, of course, they just can't provide all the protein and vitamins your body needs. That's why we offer you this special Se-go Summer Diet Plan. With Se-go Diet Food, liquid or instant.



Shot by Paul Gernreich



on a picnic.

"You don't know what I'd have all keep seeing over cliffs, p

"Natural I'm not wild

When we went out and then I choked w

of a huge windows kn

The kids y house," Peg for a picnic?

We unloa great big o gether the d I'd ever see

cheese opp feet, sardine ish rye, pe smoked salr

The kids Eric came ru we found or you know? /

"Bathroom know the rig

"It's calle quickly.

"Man," E had one."

Roxane pi you settle f can stand in took a pictu

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