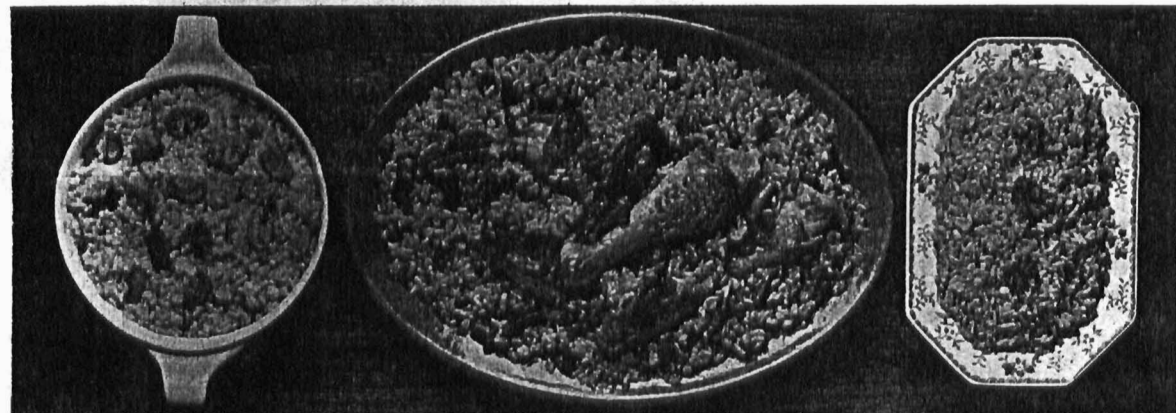


To love, honor, obey and always serve lamb chops with peas.

Peas are very nice with lamb chops. But not for 50 years in a row. Surprise somebody with lamb chops and Minute[®] Rice in some zesty concoction that's almost as easy to make as cooking a batch of peas. Minute Rice. Easy as a main dish. Easy as a side dish. Easy as a salad. Minute Rice. To help you love, honor, and stay out of ruts.



Minute and Birds Eye are registered trademarks of the General Foods Corp.

1 RICE WITH MUSHROOM SAUCE

- 1 small onion, sliced
- 3 tablespoons butter or margarine
- 2 tablespoons all-purpose flour
- 1½ cups Minute[®] Rice
- 1½ cups water*
- 1 bouillon cube
- 1 can (4 oz.) sliced mushrooms

*Or use 1¾ cups water for more moist rice.

Add onion to melted butter in large skillet. Stir in flour; cook and stir until mixture is lightly browned. Stir in rice. Gradually stir in water. Add bouillon cube and mushrooms. Bring to a boil, stirring constantly. Cover, reduce heat, and simmer 5 minutes, stirring occasionally. Makes 4 to 6 servings.

2 CHICKEN SKILLET

- 2½ pounds frying chicken pieces salt and pepper
- 2 tablespoons butter or margarine
- 1½ cups water
- 1 can (10½ oz.) condensed cream of chicken soup
- 1 package (10 oz.) Birds Eye[®] 5 Minute Mixed Vegetables
- 1½ cups Minute[®] Rice

Season chicken with salt and pepper. Brown well in butter over high heat in skillet. Add water and bring to a boil; cover and simmer 25 minutes, or until chicken is tender. Push to one side of skillet or remove to serving platter. Stir remaining ingredients into skillet. Bring to a boil; cover and simmer 5 minutes, or until most of liquid is absorbed. Makes 4 servings.

3 RICE PARMESAN

- 1½ cups Minute[®] Rice
- ½ cup chopped onion
- ¼ cup butter or margarine
- 1½ cups water
- 1 bouillon cube
- ¼ cup grated Parmesan cheese

Sauté rice and onion in butter in skillet until lightly browned. Add water and bouillon cube; bring to a boil, stirring until cube is dissolved. Cover; remove from heat. Let stand 5 minutes. Stir in cheese. Makes 4 servings.

Just. c.A. 1972.

MINUTE[®] RICE: IT'S SOMETHING DIFFERENT EVERY WEEK.

