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At 1:25 AM Liz Brown caught her husband polyunsaturating in the kitchen

with Mazola—The 100% Corn Oil.

Brown knows what more and more medical authorities are saying about the American diet. And she's making certain her husband's diet is better-balanced—even when it includes an unscheduled midnight snack of cold chicken!

she replaces saturated animal fats with polyunsaturated vegetable oil. The oil she uses is Mazola™ 100% Corn Oil.

Why Mazola? Because Mazola is highest in polyunsaturates of all the

leading national brands. And to Liz, that makes Mazola worth a few extra pennies!



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Christmas Tree
GH's Foods
designed by
eaters, May

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