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# Swedish Meat Balls Americanized.

## Swedish Meat Balls with California Dip

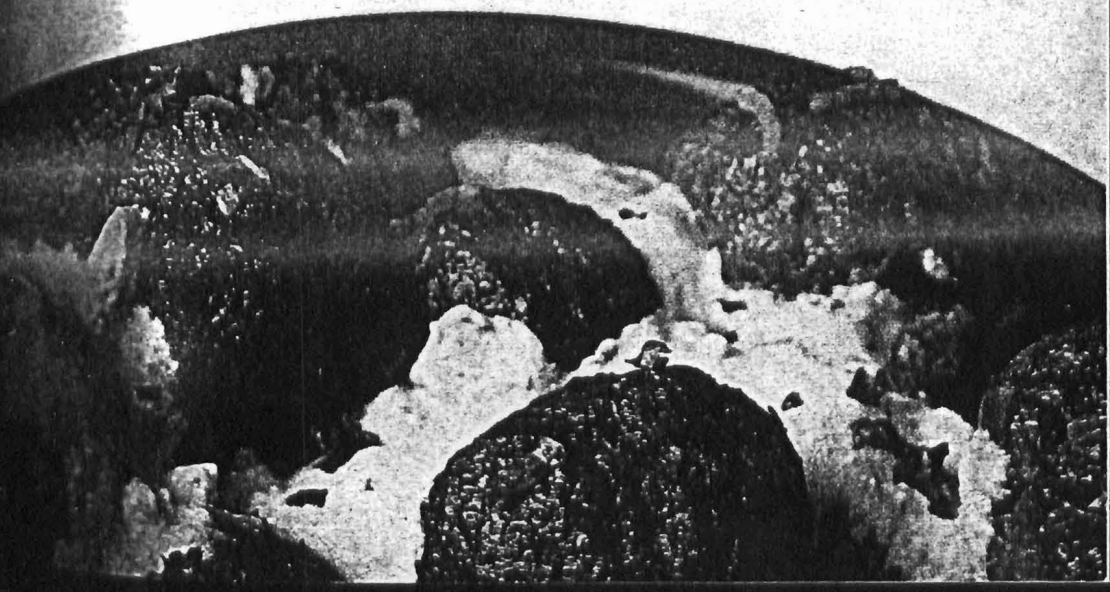
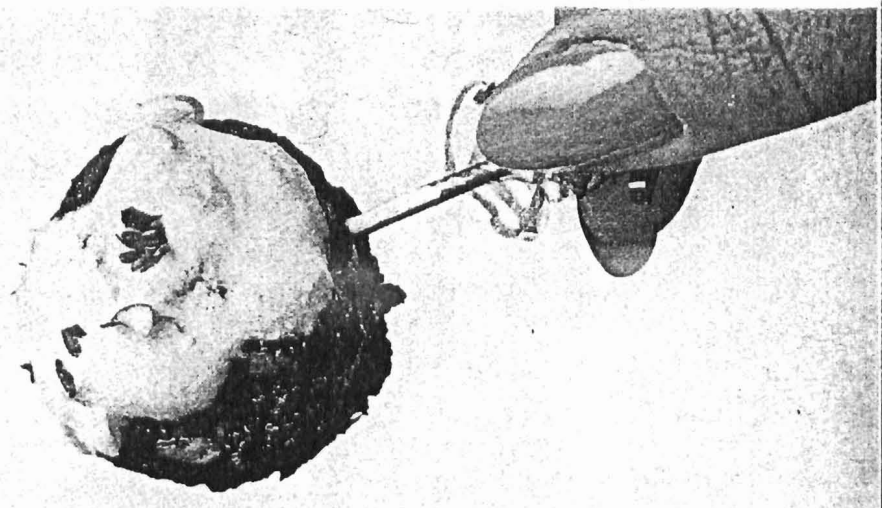
- 2 cups California Dip\*
- 1½ lbs. ground beef
- 1½ cups soft bread crumbs
- 1 egg, beaten
- ½ tsp. nutmeg
- ¼ tsp. allspice
- ¼ cup flour
- 2 tbsp. butter or margarine
- 1 cup water



In medium bowl, combine 1 cup California Dip with meat, bread crumbs, egg, nutmeg and allspice. Shape into 1-inch balls. Roll in flour.

In large skillet, melt butter and brown meat balls. Stir in remaining California Dip and water; heat through. Makes about 75 meat balls.

\*California Dip  
Blend one envelope (1½ oz.) Lipton Onion Soup Mix with 1 pint dairy sour cream.



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