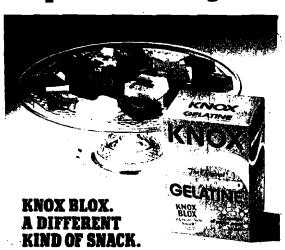


## Making Knox Blox Gelatine Snacks is easy. The hard part is making them last.

If you can heat water, you can make Knox Blox. They're the new easy-to-fix, neat-to-eat gelatine snacks that are all firmed up, and stay'firm even without refrigeration. It's a good thing they're so easy to make, because kids clamor for them and they go fast. Start right in with this basic



Lenvelopes Knex Unflavored Gelatine\* 3 packages (3 oz. ea.) . Havored gelatine 4 cups boiling water

In large bowl, combine Knox Unflavored Gelatine and flavored gelatine, add boiling water and stir until gelatine dissolves. Pour into large shallow baking pan (for example, 13"x9") and chill until firm. Cut into squares to serve. Makes about 100 one inch squares.

For prize-winning recipe variations, write to:

Best of the Blox KB-1 800 Sylvan Avenue Englewood Cliffs, New Jersey 07632

## be saved?

continued from page 20

instinctively attracted to Elsa. being aware of his underlying tion and desires, he wanted a would look after and care for expected her total emotional st return for his financial support sires were hopelessly unrealisti ally, Elsa couldn't deliver. As sl but surely evaded his excessive al demands, Cary became es possessive and jealous-an almo tipoff of insecurity.

By disposition and upbring was a caring, non-contentiou She was used to sacrificing to sisters and brothers. But Car her too far. One of the things resented most through the ye Cary's strenuous attempts to fc or persuade her to cat unwante order to gain weight. It w theory, which she had never t to Cary, that he actually wan be fat so she would be unatt other people. Possibly this w subconscious motivation.

"However, Elsa overlooked important aspect of her pre her own unprotesting silence held back her complaints for years that they finally spilled form of drastic action-her di ceedings. I doubt that Elsa wanted to divorce Cary.

"With the help of counselin began to communicate thei needs, ideas and hopes to e Elsa is learning that if she Cary's efforts to control her food intake to her Job—it is u tell him so. And Cary is learn bullying her,

Elsa and Cary realized that unhappy in Los Angeles, and and their homesick children back in Iowa. After they m home, Cary's father lent hi money to buy his own garage a house, and Cary is now pros no longer complains about E the nursing home, which she again when they returned to he even pitches in with the on occasion. Elsa is saving h to take nursing courses, and children are grown, she con pects to become an R.N.

"Elsa and Cary still have s lems, but they are seeing counselor to help overcome says that she now believes Cary, and feels close to h longer close enough to sha life. She does not know wh but hopes that in time her a change. Cary says he loves I to be patient and wait.

Now. Look younger, longer!

Introducing New