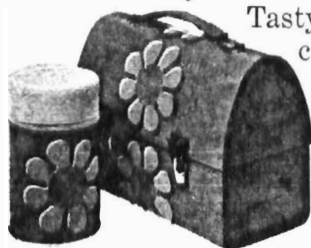




**The quick way
to give your child
a nutritious lunch.**

Gerber® Toddler Meals.

Sometime around the first birthday, you can introduce your child to Gerber Toddler Meals.



Tasty, tender bite-size pieces of meat are combined with bright-tasting garden vegetables in hearty casseroles. Ready to heat and serve. And only Gerber has them.

Ideal for any child over one year. For a hot meal when you pack a lunchbox. When dad or a sitter prepares a meal. Or for a nutritious lunch anyone can share.

Choose from eight varieties with high quality meat protein—like Beef Lasagna with Sauce. Serve with milk and fruit or dessert for a nutritious complete meal.

For your convenience, Gerber Toddler Meals can be found in the baby food department.



Try this suggestion for family sharing

Make a deep dish pie. Spoon Beef Stew or Vegetable and Chicken Casserole into individual oven-proof casseroles. Cover with piecrust made from a mix. Bake in 350° oven for 20 minutes or until lightly brown.



Gerber Products Co., Fremont, Mich. 49412

THE GH POLL continued

for the intelligent woman. Virtually all comments were low key, even those mentioning that the expense of a job plus taxes often eats away paychecks. The lucky few with truly stimulating jobs and thriving families seem aware of their good fortune. Those who dislike working, but feel they have no choice, carry on with as much grace as they feel they can muster. Many who have given up the struggle of holding a job during their children's early years are carefully making plans and often taking courses in preparation for the time when their youngsters will be in school all day and they will have greater freedom to work. Quite a few, as already mentioned, slip sporadically into the job market as the need arises.

Yet for every mother who hates working because it keeps her away from the kitchen stove and the PTA, there is another who daily blesses her job because it spares her from household drudgery and time wasted with other women. On balance, parents are convinced that for a young mother, the burdens of a job exceed the benefits. That doesn't mean that many who are not working now won't be in the job force in another few years and vice versa. For as a perceptive reader from New Jersey put it, "I fully believe each job and working mother must be evaluated individually. What's comfortable for one is poisonous to another."

Comments by other parents, pro and con, included:

PRO-WORKING

Mother of four: "Frankly, a woman stays young longer by working. With high prices, both a husband and a wife need jobs."

Registered nurse: "I finished school after my younger child was born. I don't want to waste my hard-earned college education. Working helps me reach out to new horizons. My husband is 24; I'm 23; our children are one and two. I feel comfortable working and we're happy this way."

Mother working two days a week at a bank: "When my second child was born, I gave up my part-time job. But the day the older one said 'Dad, I need a vacation,' Dad said 'I'll take it.'"

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