



## Great new ways to vary your child's menu.

# Gerber® Toddler Meals.

Now there are eight robust one-dish meals for the child who's outgrown baby foods, yet doesn't share every family meal. Toddler Meals are an easy way to vary menus with grown-up taste, chewing satisfaction and nourishment.

**These hearty casseroles** contain plump bite-size pieces of meat, bright garden vegetables . . . in economical single servings. As starters, your child might enjoy Vegetable and Turkey Casserole, Beef Stew or Macaroni Alphabets and Beef Casserole.



### Easy for Dad to prepare.

Just heat and serve. Handy for traveling or when little guests come for lunch.

**Convenient for every busy mother** who wants to make sure her little one gets a nourishing hot meal.



### Try this Party Puff idea.

For a mother-toddler "party dish," heat and serve Chicken Stew in patty shells or pastry puffs.

**All the nutritious varieties** are in the Gerber food section. Keep some on hand and discover the many



CHARLOTTE MONTGOMERY

continued

example, require that everyone shower before going into the water.

2. Insist on safety precautions. No water fights; no breakable objects in the area; no solo swimmers.

3. Don't start indiscriminate feeding of visitors nor constant serving of soft drinks. You could find this both expensive and tiresome.

4. Never permit any child in the pool unless an adult is on hand, but don't provide supervisory service (except for your own) or you may discover yourself stuck as a summer baby-sitter.

Here's a plan one young couple worked successfully: At the time they built their pool they installed a flag pole in their yard and had flags made of various colors. They let it be known what situation each color represented. You might have a red flag, which means that the pool is not available for use; a green flag could indicate that someone is on hand and willing to supervise swimming; a yellow, that you have company and the pool is open only by invitation; while a blue could mean that swimming classes are in progress and the pool is limited to registered students.

Finally, be sure to check on local pool-building regulations and carry plenty of liability insurance.

### FROM MY MEMO PAD

A second-grade class in a California school has a happy scheme for making bright lap blankets, which they give to a hospital to be used by children who are in wheelchairs. Every second-grader knits 5" by 5" squares in various gay-colored wools, and the mother takes on the task of putting them together. Meantime a whole class has learned to knit. . . .

The number of accidents caused by people walking through clear glass panels is serious. If the door to your house or patio is glass, be sure there is something to draw attention to it. A line of paint, a metal band, a device or two can do it, and such a simple device may save serious injury or even a life. . . .

Address Mrs. Charlotte Montgomery  
GOOD HOUSEKEEPING, 959 Eighth  
Avenue, New York, N.Y. 10019.

2170 p36 GA