

HOW A PERSON WITH AN ULCER CAN BE A BIT OF A GOURMET.

70 AB

You'll find the secret in the free Cream of RICE recipe book with its big variety of simple-to-fix, delicious meals, all of them bland.

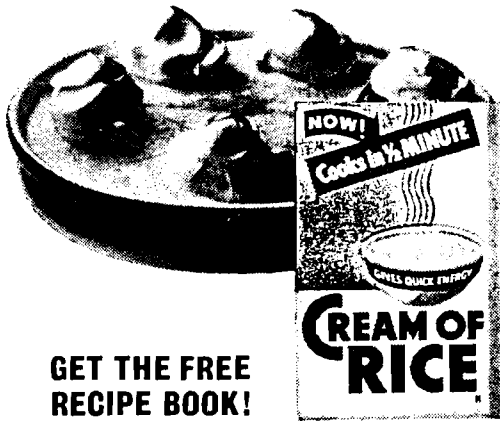
You can make 24 tasty dishes ranging from Apricot Rice Cream to Chicken Timbales, and they're just what the doctor ordered for someone with an ulcer.

You'll find special dishes to make that are appropriate for many other special diets: Low-Fat, Low-Salt, Egg-Free, Milk-Free and Wheat-Free.

Cream of RICE is a logical basis for these diets because it's easier to digest than any other type of cereal. This gives you quick energy and rich vitamin-mineral nutrition without irritating your stomach.

RICE MERINGUE

One of the many delicious Cream of RICE recipes that are approved for special diets. Available to you in our free book.



GET THE FREE RECIPE BOOK!

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