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1 1/2 lbs. cooked, shelled, deveined fresh or frozen shrimp or 3 (5-oz.) cans  
leaves to the cooking water. Drain. Place in a bowl, add 1/2 cup finely  
1/4 cup vinaigrette dressing  
Cook 4 cups potato cubes (1/2 inch) in

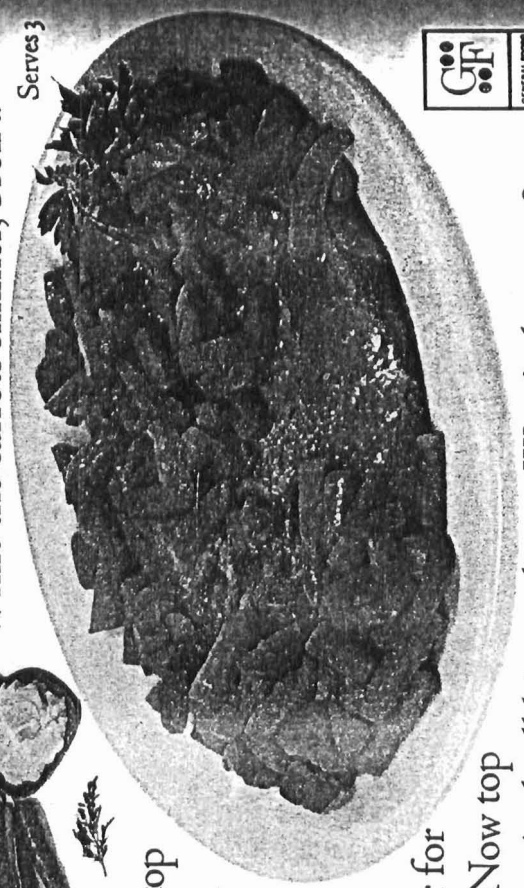
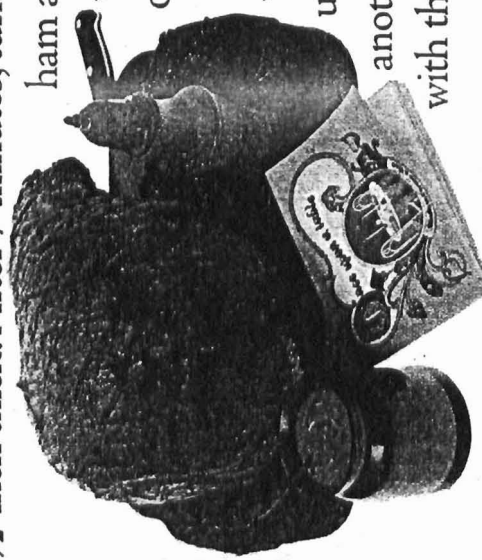
HEARTY SPINACH SALAD  
An imaginative new way with the car

# How to cook for a man



He tells everyone what a great cook you are. And you love to hear him say it. But coming up with something new and different seven nights a week isn't exactly easy. That's where Birds Eye® can help. With recipe ideas that make life easier. Like Hamlet. Cook 1 package of Birds Eye Carrots with Brown Sugar Glaze. (One of 18 Birds Eye Combination Vegetables.) While the carrots simmer, broil a

1-pound ready to eat ham slice, about 1/2 inch thick. After 7 minutes, turn the ham and spread the top with a teaspoon of prepared mustard. Then whisk it back under the broiler for another 5 minutes. Now top with the cooked carrots. And call him to dinner. Wasn't that easy?



Serves 3



"Meals to Please a Man" is a free booklet of other recipes like Hamlet. Just send your name, address, zip code, and one side panel from any Birds Eye Combination to: Box 1017, Kankakee, Ill. 60901.

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