

# Love and Marriage and a job!



Today's couples with a marriage and two jobs are on a tight schedule. Happily, the old-fashioned labels "man's work" and "woman's work" are relaxing—to make life easier for husband *and* wife. By working together, planning ahead and taking advantage of shortcuts, the working couple makes a loving partnership of marriage. Here are a few ideas that'll keep your kitchen a smooth-running part of your busy lives.

**Start breakfast the night before.** A good breakfast *is* important—no matter how rushed you are. But how to add interest to the quick "juice/toast/milk" routine? Bake apples while supper's cooking, basting them with maple syrup! Next morning surround them with TOTAL and milk. Why TOTAL? It's the whole-wheat cereal with more vitamins than any other!

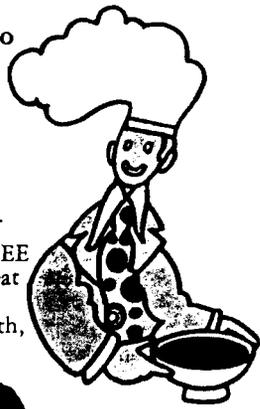
**A little bit of home in a bag**—that's what a lunch should be. Make your sandwiches and desserts on the weekend and freeze them. Brownies are always a favorite. Give yours a personal touch by folding 1/2 cup cookie coconut into our Fudge Brownies before baking. You'll find them extra moist and chewy. Then, each day, think up a special "little extra." Tuck in a few SLIM JIMS, for example. They're cellophane-wrapped sticks of spicy dried beef. Or, fill a plastic bag with ONYUMS. They're our zesty new snack that looks and tastes just like crisp onion rings!



**A girl can have a hard day at the office, too.** So why not teach your husband a few "masculine specialties" he can fix on those—hopefully—rare occasions! We've just introduced 5 wonderful new Betty Crocker Serving Sauces that would make an easy beginning: Hollandaise, Bordelaise, Cheese, Newburg and Mushroom. Keep them on hand for everything from Fish Sticks Newburg to Burgers Bordelaise. They're quick and delicious. (And he'll probably pretend he's slaved for hours!)



**This little pig went to market.** She's the symbol for our budget-minded Betty Crocker *Piggy Bank Recipes*. Watch for her economical meal ideas on General Mills packages. You'll find her on packages of our Potato Buds, Au Gratin and Scalloped Potatoes right now!



**That man in your kitchen.** For a treasury of fun recipes for Him—and Her, send for our FREE booklet, *Cooking for Two by Two*. It features great meals you do together. Write Betty Crocker of General Mills, Box 248C, 400 2nd Avenue South, Minneapolis, Minnesota 55460.\*

\*Offer expires June 30, 1970

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