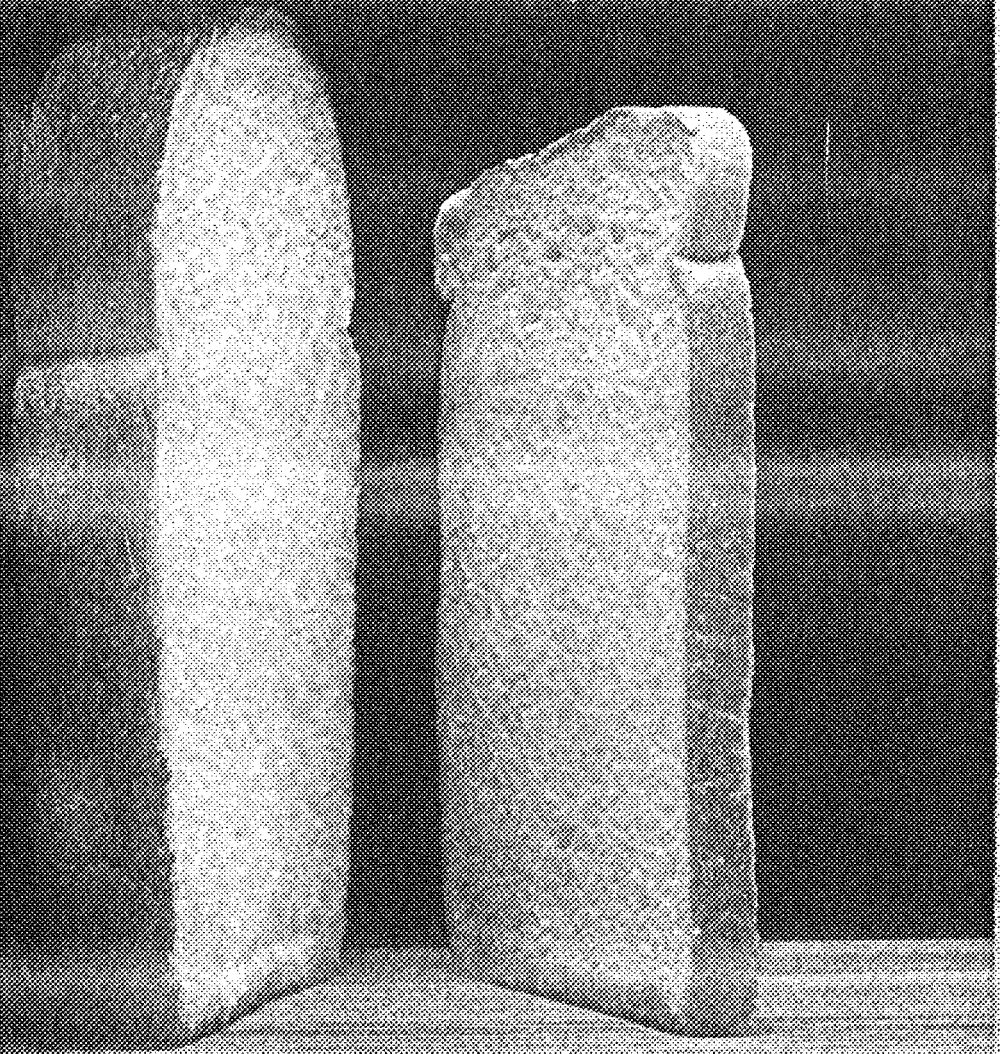
May 70
RD

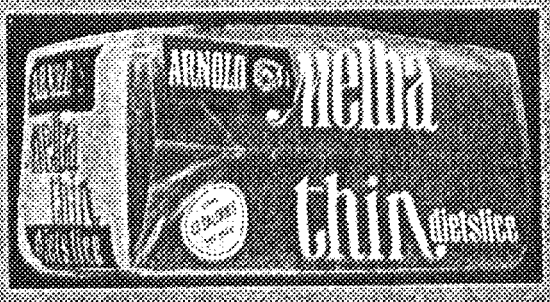
Their Fat Bread. Our Skinny Bread.



[illegible] our new skinny bread is half [illegible] as a slice of regular bread. [illegible] go on eating just as many [illegible] of bread as usual, but you'll [illegible] eating only half as much [illegible] without really trying.

ARNOLD

Approved by The Diet Workshop



"Melbawichcraft" (Skinny Sandwiches & Easy Hors d'oeuvres) Arnold Bakers, D-1, Greenwich, Conn. 06830