

**FEAST YOUR EYES  
ON THIS ...** *Glam*



Vitamins, minerals, high quality protein  
... abundant good nutrition in this festive  
Swift's Premium Ham for Easter. It's  
glazed with apricot jam and garnished  
with lime gelatin salads (recipe on back of  
this page). Tulips cut from orange peel  
with leaves and stems of cucumber peel,  
add the right gay touch.

**SWIFT & COMPANY**

# avorous Good Nutrition



This suggestion  
contributed by

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