

...ion or work for
...tal resource than
...once sighed my
...va.

...rt's history have
...set and the others
...a society reporter
...1. "A few women
...e like... and
...struggle... getting
...out. Everyone is
...e asked to one of
...me of social suc-
...ere is the hostess
...supply of money
...nfluent women,
...thing but disaster
...nent of her cam-
...ed to go into the
...her in her guests."
...o simple.

...bruary, 1902, the
...yacht, the Hohen-
...York's harbor.
...ooking gentleman
...launch with a rear

...good fellow," the
...r. "He is more like
...her foreigner I've

...ry, brother of the
...k stood on its ear.
...yal visitor a three-
...with terrapin and
...ests, Morgan an-
...ins of U. S. indus-
...P. himself; and as
...many a society mil-
...rapidly passed over

...aging a gala opera
...tropical... for the
...at in the Orchestra
...shoe was filled, cre-
...although the bal-
...re selling for \$30
...half empty. The
...ull and left long be-
...e program, but not
...pped into mother's

...Henry to the box of
...ilt on Tuesday eve-
...performance and his
...have been matters of
...hat event," the New
...n its front page the
...n was so marked and
...s young matron so
...y by surprise."

...xt day remarked,
...ve young Mrs. Cor-
...ce for a *coup d'état*.
...she was the woman
...Kaiser's brother, the
...d she manage it?" It
...rs. Astor aspired to
...ness and had post-
...rder that she might
...s. In fact, she never
...be 'euchred' by any
...ve been her special
...played her little
...way. She wrote the
...e sto... to Dr.
...man... assador at
...a little letter, asking
...letter as, under the
...ectly proper. Mrs.
...y kindly treated by
...otsdam some years
...est of Mrs. Goelet.
...y the Kaiser and
...t Prince Henry and

...a very great honor for an American woman—
...requesting her to ask Prince Henry to dinner,
...as he wished his brother to dine with a repre-
...sentative American family.

...deron may hurry back from...
...and Mrs. Vanderbilt Senior may storm and
...fret in her 57th Street mansion. Young Mrs.
...Cornelius, in the few years of her married

...a lady who declared "I could have
...thrown my arms round his neck and
...kissed him!"

Unless you talk about it (and who doesn't?)

Unless you talk about it (and who doesn't?), other people won't notice your weight changing. It's gradual. Besides, modern fashion design being what it is, it's no trick at all to make little allowances for this or that so you look, and even feel, svelte, svelte, svelte! And elegant.

But even if you're an *absolute clam* there comes that moment of truth. Purely by accident, you catch yourself unawares in a mirror and reluctantly admit that things aren't quite where you left them.

"Hmmm," you say, "let's go on a diet." This is not a bad idea, but you don't have to say it like *that*. Before you rush off and give up everything that tastes good, you might ask yourself how you got into this fix.

Well, you likely took on more calories than your activity (or lack of) could cope with. They had to go *some-where*...and, regrettably, you know where that was.

You can reverse the process by eating Diet Delight Foods. But here, we'd like to point out that while you can lose *considerable* weight by concentrating on Diet Delight Foods, (as many who are under doctors' orders do), what we are talking about here is just losing a few pounds

or holding the line. In this respect, substituting delicious Diet Delight Foods for pound boosters works wonders.

Now the reason this works is because Diet Delight Fruits, Vegetables, Juices and Dressings are very low in calories and have no added sugar. Diet Delight Fruits have the natural sweetness of ripe fruits, enhanced by Sucaryl (which has neither calories nor aftertaste). They are sweet but not sirupy—one reason why many people like Diet Delight Fruit Cocktail, Bartlett Pears, Cling Peaches, Apricots, Royal Anne Cherries, and Pineapple *far* better than the ordinary kinds. There is a nice variety as well in Diet Delight Vegetables — Asparagus, Spinach, Tomatoes; and Dressings — Bleu Cheese, Chef's Herb, Whipped; and Tomato Juice and Apricot Nectar. You'll find them at your food store and if you don't, complain bitterly.



To us, if necessary. We have a **FREE** booklet for you. It's called "How to Diet Delightfully" and has a lot of sample menus and recipes... a really useful, attractive booklet of 24 pages. Drop a card to: Diet Delight, Richmond-Chase Co., San Jose, California. We'll send it to you.



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