

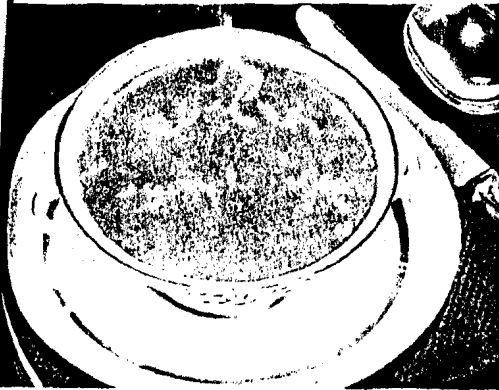


Let Soup give you more Christmas-Time



ANNE MARSHALL
Bureau Home Economics
Campbell Soup Company

BY Anne Marshall



GREEN PEA is a grand choice. The tempting taste of green peas—in a soup enriched with butter.

**Lunches or Suppers built around
Green Pea Soup**

- | | |
|-----------------------------|------------------------------|
| Tuna Fish Sandwich | Hot Apple Pie, Cheese |
| Egg Omelet, Ginger Cakes | Codfish Cakes and Spinach |
| Chicken Salad, Bran Muffins | Scrambled Eggs, Hot Biscuits |



VEGETABLE is a favorite with both Dad and the children—bits of bright garden vegetables in a honey beef stock.

**Lunches or Suppers built around
Vegetable Soup**

- | | |
|-----------------------------|-----------------------------|
| Pork and Beans, Green Salad | Cold Roast, Lettuce Wedges |
| Salmon Salad Sandwich | Hot Coffee Cake, Grapefruit |
| Eldorf Salad, Cheese Toast | Baked Corned Beef Hash |



So much to do; so little time to do it—with Christmas 'round the corner! There's all that shopping to do—and the house to clean and a fruit cake to bake and the youngsters' clothes to freshen and Christmas cards to address and the silver to clean and—*meals to get!*

Yes, meals to get, and that's where maybe I can help—with some practical ideas. Soup can be your salvation, truly. It's so nourishing and so appealing to winter-sharp appetites. It's quick on the

table, too, and very easy on the budget.

Biggest Soup-eating Month

Many of you already know how good hot soup helps "save the day" during December. That's why you've made December the biggest soup-eating month of the year. Here on this page are three fine soups to build meals around these Christmas-rushed days. You'll find suggestions, too, for what to serve with each one, to round out a lunch or a supper. So—Merry Christmas!



TOMATO is "the soup most folks like best"—luscious tomatoes blended with fine butter to velvet smoothness.

**Lunches or Suppers built around
Tomato Soup**

- | | |
|-----------------------------|-----------------------------|
| Ham-Biscuits, Pear Salad | Cheese Soufflé, Relish Tray |
| Hot Potato Salad, Apricots | Sausage Cakes, Apple Rings |
| Sardine Sandwich, Cole Slaw | Nut Waffles and Jam |

