# Make Your Child Hungry For Vegetables

.. And Double The Appetite For Milk

Viss Discovery Actually Creates "Vegetable Makes Children Eat Even Spinach Without ing Besides Doubling The Amount of Milk They'll Willingly Drink Each Day

other: If You Have A "Poor Eater" In Your Home, kept A Sample Package — Note The Coupon Below

child is a "poor eater"—has to be to eat vegetables—or won't drink to offer at the bottom of this page in pecially for you.

dition, he happens to be undereryous or "small for his age" beeck of appetite—the offer will be

introduce to you a Swiss foodch has the unique power to create on of hunger in children; the power nactually eager to eat heartily althful foods as lettuce, spinach

### How It Builds Appetite

of this unique food-drink is Produced by a scientific, vacuum possesses appetite-creating powent from any other health food

the laterage thank the comment of of the sected and the concentration of plane

By creating the sensation of hunger, by furnishing added nourishment Ovaltine often increases a child's weight a pound a week or more

altine is particularly rich in the appetite-producing B. But that is only one reason why it helps to solve m of the poor eater.

and more important—it contains a remarkable the starch content of other foods regularly taken omach. And Ovaltine contains such a high prodiastase that it can actually digest 4 to 5 times its in starchy foods.

illine not only builds up appetile, but also aids a section, and speeds up the process so that the stombe emptied sooner. This in turn makes a child For hunger is a sensation caused by the walls of an nach drawing together.

## Results of Quicker Digestion

up of the digestive processes is tremendously im-For specialists will tell you that the child with testion is the one who eats poorly—who shuns -who objects to drinking milk.

direstive processes are accelerated by the diation of Ovaltine, a definite change takes place. are unmistakable. The old objection to healthful, by foods gradually disappears. And even "veg-' is built up day by day.

Milk is taken much more readily when it is mixed with Ovaltine. For Ovaltine has a delicious taste that even the fussiest child is unable to resist. Ovaltine also breaks up the curds in milk and makes it twice as easy to digest.

### See For Yourself

Ovaltine is approved by more than 20,000 doctors. Child specialists in 54 different countries especially recommend it because, in addition to the remarkable manner in which it increases appetite, it usually adds weight at the rate of a pound a week or more. While nervousness is simultaneously curbed to a most noticeable degree

For the sake of your child, we urge you to try Ovaltine Note how eagerly he commences to eat the vegetables and other healthful foods he formerly refused. Keep track of the extra amount of milk he drinks each day. You may be amazed at the change that's brought about in just a few days' time.

Give Ovaltine at breakfast always. At meals, and between meals. Simply mix it with milk-either hot or cold-directions are on the can.

You can get Ovaltine at any drug or grocery store. Or, accept the special offer made at right and mail the coupon for a trial supply.

NOTE: Thousands of nervous people, men and women, are using Ovaltine to restore vitality when fatigued. During the World War, medical authorities made it a standard ration for rebuilding shell-shocked, nerve-shattered soldiers. It is also highly recommended by physicians for sleeplessness—and as a strengthening food for nursing mothers, convalescents, and the aged.

MAIL FÖR TRIAL SUPPLY

## Tes Wandes Co., 180 N. Michigan Ave., Chicago, Ill. Dept. 26-W. SPECIAL OFFER (These afters good in U. S. A. only.)

Woman's Home Companion September 1932