At 58—Mrs. Mary Elizabeth Mahnkey was picked as the Nation's Star Rural-Newspaper Reporter

"Tell the Truth Kindly" is her reporting creed

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m OR}}$ 44 YEARS, Mrs. Mary Elizabeth Mahnkey had been writing bits of local news about the doings of Oasis, Mo. (population 27 people), or her previous homes at Kirbyville and Mincy, for the Forsyth Republican—a paper with 785 readers.

Then in 1935, her name made the headlines in the big city newspapers throughout the entire country—as the champion rural reporter of the year, in a contest sponsored by the Country Home Magazine.

58 years old and a grandmother—she had been chosen from 1,581 contestants, including hundreds of trained men journalists.

Mrs. Mahnkey believes she owes * her success to the fact that what she writes is "simple and true." "I try to tell the truth kindly," she says, "to remember that mankind's chief interest is man and to scratch out most of the adjectives. And I put lots of people's names in the paper."

She still writes a column-now for the Springfield, Mo., Leader under the heading, "In the Hills."

MRS. MAHNKEY is Typical of Many Women Who, Long Past 40, Find Living Rich and Rewarding

"When I hear people of my age complain that life is empty and dull," she says, "I can't help wondering if they're as well as they ought to be. I think being interested and happy is a sign of good health:"

READ THESE LETTERS from two other happy, busy people over 40.



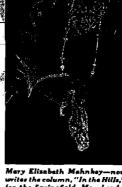
Business Improves for Beauty-Shop -

Dear Life Begins:

My working day is 914 hours long land I'm on my feet the whole time. You see, I run my own beauty shop, There are all kinds of customers

are all kinds of customers to be pleased, and you list can't do the work work. I unless you feel well.

""" I unless you feel well, """ you until a little while ago, if fine. But then I begante feel headachy, and my eyes seemed tile things irritated me. I syenjier, see it where I was nowed.



mery Elizabeth Mahnkey—nou writes the column, "In the Hills," for the Springfield, Mo., Leader

Finding Life Fuller and Happier

Dear Life Begins:

One day last year, after some little thing had irritated me, my husband said. "That doesn't sound like you, Edith, What is the matter?"

What my husband said made me stop and think, For some time I'd felt not actu-

ally ill, but half sick.

I tried taking things easier, but as the days went by I only got feeling more sluggish and nervous and irritable.

Then I heard of the help Fleischmann's Yeast was to others, and I decided to try it myself. I ate it faithfully and in two or three weeks the sluggishness began clearing up.

Now—after eating the yeast for quite a while—I feel much stronger and more energetic. I get my housework done in double-quick time and I've got back my sunny disquick time and I've got back my sunny dis-position, my husband says. My life is fuller and happier now.—EDITH YOUNG STAHL

Slower Digestion Can Make Your Body Feel Worn Out

Digestion is likely to be less active in people over 40. As you grow older, the juices in the stomach which digest your food tend to flow less freely and to have less strength.

To help bring about the quick, strong flow of digestive juices needed for proper digestion, eat Fleischmann! Yeast. The stimulating action of this

Yeast. The stimulating action of this fresh food on the digestive system in due to the millions of tiny, live yeast plants in each cake.

Your health also benefits from the 41 necessary vitaming this important food supplies. They are the Nerve Vitaming the Bone Vitamin, the Cold Resistance.

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scopicia I That can lomate ou besto. Gunakesine injen itili, heppy, to licked anvenvelope and pjasse as sesse ong ata ing ing ikhik idac

So, talking, sticking on stamp ing with a trowel by the flower afternoon shadows grew longer an hours went by. Henry who had been taken to his rest, came down again

a rose in his hand."
"You're not to pick the roses!" the squire.

It fell off!" said Henry, shocked "I beg your pardon, Henry."

THE traveler had sailed. He was all on the sea. There was time but it more letter to be written to Mar

The squire came down late ing and passed across the half to or the meals. The children were now he The house so quiet and dim and full

Mrs. Limit stifled a yawn as the squire entered the kitchen.

"Have we all overslept?" said the squire. "I have."
"Terribly heavy last night," said Mrs.

Limit,

Boniface put his red face in at the kitchen door. "My bit of dough?" he said to Mrs. Limit.

"Boniface," asked the squire, "would you like a special pudding?

'Friday's fish day," he said.

"What's that got to do with it? I said pudding." "When we have fish, we have suet,"

said Boniface. But you told me you hated suet? squire said. "Wouldn't you like the squire said. something else?"

The eager look which his face had worn was lost and his lip dropped. "I'd bette, keep to my routine," he muttered. "I'd better."
"But

"Don't keep on!" he said. And flee without his dough.

hout his dough. 'Well!'' said Mrs. Limit.

"Well!" said Mrs. Limit.
"He likes safety," said the squire. "He sticks like a limpet to his old rock!,
"An' he hates that suet!" said M. Limit.
"He'd rather car it than be prize for it," said the squire.
Back in the library the letters and sail were strewn, half soued but I'm said the strong and ships of sail were the said sail.

strölling in and hung over the third table.

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olipping nemperonds contact // Nothing !!! // Why are you here?!!!!

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Mrs. Edith Young Stahl Energetic, active again