

# POWER TO MAKE SICK BODIES VIGOROUS & WELL



## the health value of hours in the Summer Sun



If we could get plenty of sunshine

against rickets (soft, crooked bones and teeth).

Eat Fleischmann's Yeast, as before, to keep your whole intestinal tract active, healthy and clean—to speed up elimination and check the poisons that upset digestion and cloud the skin.

And now, eat Fleischmann's Yeast for the energizing, bone-hardening "sunshine" principle every cake contains. Start now! Eat 3 cakes every day, before or between meals, plain or in water, cold or as hot as you can easily drink. At grocers, restaurants and soda fountains, in the familiar foil package with the yellow label. It is as effective, as ever for baking. Write for booklet. The Fleischmann Company, Health Research Dept., 114, 701 Washington St., New York.



In the front rank of Italian physicians is Dr. Lorenzo Cherubini, special lecturer to graduate doctors in the University of Rome. He has lectured frequently in hospitals in America.



Considered by many as Europe's greatest gastro-enterologist, Dr. Maurice Delort, of the Hospital of St. Michel, Paris, is the author of "Consultations on Diseases of the Intestine."



Director of the famous Institute for Experimental Therapy at Dablen, near Berlin, Prof. Dr. Carl Neuberg is a leading German physician and lecturer in the great University of Berlin.

### READ WHAT WORLD-FAMOUS DOCTORS SAY . . .

Dr. CHERUBINI: "Few people indeed get enough sunshine. Untold health benefits are thus made available by the 'sunshine' vitamin—vitamin D—now in irradiated fresh yeast. It builds strong bones, sound teeth and tones up the muscles. It is important for expectant and nursing mothers."  
Dr. DELORT: "Ergosterol, which exists in large

quantities in fresh yeast, is converted by irradiation into vitamin D. This vitamin brings about the deposit of calcium in the bones."  
Dr. NEUBERG: "The vitally important provitamin, ergosterol, which becomes a true vitamin upon irradiation, is found more abundantly in yeast than elsewhere."

# YEAST



contains the "Sunshine" Vitamin