



QJN

# Helps for Ho

By Mrs. S

Directions about cooking will be sent  
will give their names and addresses  
to mail should receive stamps on ad.

**GOOD** things to know when  
ing the materials a half  
be purchased at any home  
useful, also, that a level  
teaspoonful. When receipts call for  
teaspoonfuls measure two perfectly level  
correct amount. Remember about  
baking powder, that the factor of  
the baking carefully done. By  
ment stirring them in the mixture  
holding it over and over.

**Fruit Mushrooms** may be washed  
other vegetables. Pick the jars for  
parts in a wash boiler, partly covered  
hour and a half. As the mushrooms  
tents of the third, sterilize thirty or  
without lifting the lids.

**Groundnuts are made** from a th  
paper the shape of an ordinary mitt  
and cut the meat according to the  
closely there will not be a particle  
ordinary hardboiled. Cook the both  
tablespoonfuls of chopped onion, th  
two bay leaves. Place the groundn  
four cover one cupful of boiling wat  
thirty minutes, basting several time  
with salt and pepper; dish on a beat  
fuls of butter and two of flour in  
the stock, stir until boiling. Add a te  
level teaspoonful of salt, and a salt  
half a can of mushrooms on hand th  
saucé after it has been strained. To  
and serve at once.

**For a Morning or Noon Wedding**  
served on lettuce leaves, peanut or  
punch. This is quite enough for th  
course have it on a leaf, and an  
for such a menu can be purchased in

**Beef and Nut Sandwiches** are  
wedding. Put four pounds of beef  
filled with boiling water—the meat  
boil rapidly for five minutes, then pu  
where it will simmer gently until it  
about an hour and a half. When th  
spoonful of salt, one onion chopped,  
meat is cold put it through a meat  
the chopping one quart of shelled,  
mixture two tablespoonfuls of mel  
Worcestershire sauce, two tablespo  
teaspoonful of salt, and half a tea  
between thin slices of white or brow

**Luncheon and Company Breakfast**  
luncheon and a company breakfast  
luncheon is soup, or shellfish followe  
last the first course is either a fru  
Sherbet, or sorbet, as it is someti  
rapidly while freezing, so that it is  
luncheons, dinners and suppers. A  
socially and is more solid and comp

**Fruit Will Keep in a Jar** that is  
The jar may be filled to the top, but  
spoil or mould.

**Salads Made from Cooked Drea**  
ter in no way take the place of a whol  
complication to complication. A di  
is possible, covered with a French dr  
little vinegar. Cabbage is the best  
dressing.

**To Make Rice Peach Dumpling**  
pound of rice into three quarts of b  
twenty minutes. Drain. Have the  
Spread down a dumpling cloth, and i  
saucer—put around a pat of rice hal  
peach; round side down, in the midd  
stone was taken with boiled rice; pu  
corners of the cloth; fold them up, es  
the rice; tie tightly. So continue un  
ber of dumplings. Throw these off  
boil rapidly for fifteen minutes. Cut  
from the cloth and serve with cream.

**Frozen Peaches.** Pare two pound  
stones. Pound six lemons to a paste  
half of sugar; then boil the lemons  
uses; strain and stand over night.  
meashed, turning into the fruit  
occasional may be added  
German.

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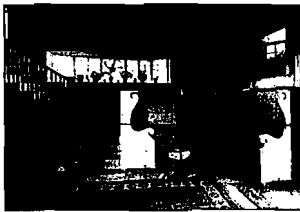
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