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Jumper and
Rocking Chair**

Serves as a Cradle, Bed, High Chair, Jumper and Rocking Chair, all in one. Indispensable all seasons of the year for the health, happiness and proper care of the baby. "Better than two nurses," one man writes.



A handsome and substantial piece of furniture. Endorsed by all physicians. Write for our beautiful illustrated and descriptive booklet.

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MFG. CO.
Box 6, Muncie, Ind.**

**HERS' FRIEND
LISTS FOR BOYS**



HEARTS OF MOTHERS

tried and true
styles—the latest collars and the shirt waists have been the standard very genuine "Mother's Friend" stable belt that can be removed for buttons that can't come off.

HERS' FRIEND shirt waist guaranteed

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Infant Shirt



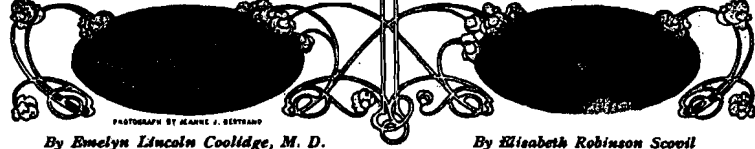
**No Trouble
TO MOTHERS**

able life preserver. It fits to a great many sizes. The progressive dealer says, "If he writes to us, The Infant Shirt means thousands of mothers accessible to all the world, and without it."
wool, silk and wool, and all silk, to be sold at Dry Goods Stores. Circulars, manufactured by
CO., 90 Market St., Chicago, Ill.

wardrobe Patterns

different articles—being clothes with full directions for making, showing use

THE BABY FROM BIRTH TO THREE THE CHILD OF THREE AND OVER



By **Emelyn Lincoln Coolidge, M. D.**
Of the Babies' Hospital, New York City

By **Elizabeth Robinson Scooil**
Former Superintendent of the Newport Hospital

Questions of interest to mothers will be answered on this page. Inquirers must give their names and addresses. Correspondents wishing answers by mail should inclose stamps or addressed stamped envelopes.

Care of a Baby's Hair

CAN you tell me how often I should wash my little daughter's hair? She is fifteen months old. Is there any way that I can prevent her hair from kinking at the back of her head after she has been asleep?
Mrs. H. B. R.

Every day when you bathe your little girl wash her hair and dry it thoroughly and quickly, then brush and comb it carefully. As soon as it is long enough braid it before she goes to sleep. I think this will lessen or prevent the kinking.

Night-Clothes for a Baby

You will greatly oblige me if you will tell me the proper way to dress a four-months-old baby for the night.
MOTHER.

During the cold weather he should wear a medium-weight, high-necked, long-sleeved shirt, flannel skirt, diaper, knit socks, band and flannel night-dress. The shirt and band worn at night should be fresh, and not those he has worn during the day.

May a Two-Year-Old Child Walk in the Street?

Should a child just two years old be allowed to walk in the street during the cold weather, or is it better to have him ride in his go-cart?
BESSIE.

He may walk about in the sun for a little while if his feet and legs are well protected. You should always have his go-cart at hand, however, and make him get in it to ride part of the time.

Dress for a Little Boy of Thirteen Months

My little boy, thirteen months old, is just beginning to walk and is outgrowing his first short white dresses. Is he too young to wear the little Russian blouse suits? Will you kindly give me some suggestions as to the style of dress which would be proper for him?
I. M. M.

He is rather young to wear the Russian blouse suits. Dresses made of white piqué or white cotton chevot, simply gathered into a band at the neck, or made with three large plaits back and front, and a little belt, would be suitable. When he is two years old the blouse suit will be pretty.

A Baby with Hives

My baby is fourteen months old and has hives constantly. I give him milk, rice, gruel and cereals. He is cutting teeth. Can you advise me as to a remedy?
Mrs. N. C. H.

If you are feeding the child on cow's milk undiluted I would advise you to dilute it one-third with barley water while he has the hives. Be sure that he has a movement each day. Bathe him two or three times a day in warm water in which there is a little bicarbonate of soda—about one teaspoonful to a pint of water. If you can get his digestion in a normal condition the hives will disappear.

To Prepare Milk for a Baby

It is necessary to stop nursing my two-weeks-old baby. Will you kindly tell me whether a patent food or cow's milk will be best to give him, and how to prepare it?
Mrs. H. S. K.

Cow's milk properly modified will be best, because it contains all the essential ingredients which are found in mother's milk. But be sure that the milk comes from healthy cows, and that your milkman understands how to handle it properly. To prepare the following formula the milk should have stood undisturbed for at least four hours after milking; the amount of fat or cream will then be correct. Have all the utensils which you use absolutely clean. Take with a spoon, or one of the tiny dippers especially made for this purpose, three ounces of milk from the upper one-third of a quart bottle. Put this into a clean pitcher and add to it sixteen ounces of sugar solution, and one ounce of lime-water. To prepare the sugar solution use sixteen ounces of boiling water, in which dissolve one ounce, or two tablespoonfuls, of milk sugar; filter this through a very fine cloth. Thoroughly mix the top-milk, sugar solution and lime-water together, and pour two ounces of this mixture into each of ten clean bottles—cylindrical ones which have ounces marked on them are best. Cork each bottle

Children's Clothes' Protectors

I HAVE a little girl six years old who is very fond of working in the garden. She got her dresses so soiled last year that I have been trying to devise some method of protecting them before she begins again this spring. I have not succeeded very well. Can you help me?
COUNTRY MOTHER.

For seventy-five cents you can buy ready made a garment called a romper which answers the purpose you have in view very effectually. These rompers are cut with a yoke effect and divided skirts, and fasten behind with pearl buttons. They are made of tan-colored Holland, trimmed with Turkey-red collar and cuffs, or with light-weight blue chambray.

The Cost of Food

I wish to give my children suitable and wholesome food with due regard to strict economy. Can you tell me of any book that will help me?
Mrs. B. S. P.

"The Cost of Food," by Ellen H. Richards, would be invaluable to you in solving this problem. It shows that cheap food may give excellent food value, and be as nutritious and palatable as the more expensive kinds.

A Little Girl's Jersey

My little girl four years old still wears white dresses. I want something to slip over them in the morning when the house is cool. I do not like jackets. What can I get for her?
AN INTERESTED READER.

Buy one of the pretty jerseys made of fine all-wool jersey cloth. You can get one in light blue, scarlet, or navy blue, with white-striped sailor collar and cuffs and similar stripes around the bottom. They cost two dollars and a half each.

Indian Playthings

I have been reading stories of Indians to my boy seven years old. He is intensely interested in them and I wish to get him some toys with which he can "play Indians," as he expresses it. Can you tell me if such playthings are to be found?
Mrs. W. B. M.

At any large toy shop you can purchase an Indian outfit consisting of feathered headgear, feathered bracelets and anklets, a belt, a shield and club, and a bow and arrows. Wigwags made of heavy brown duck, painted with Indian scenes and figures, are sold also.

Hot Bread is Unwholesome for Children

My children are very fond of hot rolls for breakfast. I have been told that fresh bread is not wholesome. Why is that?
JESSIE R. P.

Wheat flour contains a great deal of starch; this should be thoroughly moistened by the saliva before being swallowed, because that contains a substance called ptyalin which helps to digest the starchy matter. Hot bread forms a pastelike mass in the mouth not easily penetrated by the saliva, and so slips into the stomach unaltered, and it cannot be properly digested there. Bread given to young children should be at least a day old.

Separate Sailor Collars for Boys

I can make plain blouses for my little boy, but my skill does not extend to cutting and trimming sailor collars. Can they be purchased separately?
R. E. F.

Yes, collars of white Galatea, trimmed with bands of blue or tan color, or with plain centres of the same colors edged with a broad white band, or of the plain white without color, may be obtained separately at a cost of a dollar and a half or less. The shields attached to them are ornamented with stripes or embroidered designs.

To Color Eggs for Easter Day

Can you tell me of a simple way to color eggs for Easter? How can I arrange them prettily on the table on Easter morning to please the children?
S. B. J.

Procure packets of aniline dyes of the various colors you desire: pink, light blue, pale green, yellow,

**"He Just Grows"
ESKAY'S FOOD**

The mother of the little boy whose picture we show above writes from Los Angeles, Cal., saying:

"Last summer our boy pulled through an attack of whooping-cough and teething while on an Eskay's Food diet, without any serious trouble. He is now well, keeps well, and is full of life, as a healthy boy should be."

Copy of book "How to Care for the Baby" and liberal sample (both free) sent upon application to:

SMITH, KLINE & FRENCH CO., PHILADELPHIA

"It Nourishes from Infancy to Old Age"

MOTHERS

Science pro-milk the best infant food. Pure cows' milk is almost sweet. Highland Evaporated Cream is simply pure, full, sterilized and canned. Preserves all the nutritive properties of fresh milk. Baby likes it.

HIGHLAND
Evaporated Cream

Most Grocers Sell It
If yours doesn't, we will send a can in try for 10c. (stamp). It will please you.

Send for booklet "Baby's Milk."
Helveth Milk Condensing Co.
Highland, Ill., Dept. A
"Where Model Dairy Farms Abound."

Baby's Reclining Go-Cart

The handiest in the world is also the best built. You can turn it into a baby-carriage (reclining or half reclining position) with just a twist of the wrist. You can bring the foot-part up without letting down the back. You can do anything you want, and yet nobody sees any mechanism.

The Bloch

is its name, and the name is on every Bloch Go-Cart. It is beautifully made—strong and light, and light looking. It doesn't wear out. It doesn't take up much room. Running gear is patented.

No one needs a baby-carriage these days. If your dealer won't supply it, we'll ship it (freight free) to any part of the United States.