

THE COACHING STAFF



SUE COWPERTHWAIT

Head Coach

After a nationwide search for a successor to Shari Krasnoo, the pioneer of the Monmouth University lacrosse program, the Hawks found their head coach right in their own backyard. On October 10, 2000, Dr. Marilyn McNeil promoted Sue Cowperthwait to serve as skipper of the MU lacrosse team.

PERSONAL

Birthdate: June 3, 1977
Birthplace: Philadelphia, Pa.
Hometown: Media, Pa.

EDUCATION

High School: Penncrest HS (1995)
College: Virginia Tech (1999)

PLAYING EXPERIENCE

1996-99 Virginia Tech

COACHING EXPERIENCE

1999-00 Monmouth (assistant coach)
2000- Monmouth (head coach)

Cowperthwait had served as an assistant coach for the Hawks for the last year and was promoted to fill the vacancy left when Krasnoo took a job as head coach at

Boston College last summer.

During the 2000 season, Cowperthwait, a defensive specialist helped guide the Hawks to the nation's seventh-best defensive effort as Monmouth allowed just 7.19 goals per game.

Cowperthwait enjoyed a stellar collegiate playing career at Virginia Tech. A four-year starter on defense for the Hokies, she earned All-Atlantic 10, Atlantic-10 Defensive Player of the Year and Virginia Tech MVP honors as a senior in 1999. That year, Cowperthwait also led Virginia Tech to an Atlantic 10 Conference championship and the Hokies finished the season ranked No. 20 in the nation. As a freshman in 1996, she earned VT's Unsung Hero Award.

A native of Media, Pa., Cowperthwait earned a bachelor's degree in business management from Virginia Tech in 1999. Cowperthwait is currently pursuing her master's degree in business administration at Monmouth.



LISA PFEIFFER

Assistant Coach

When head coach Sue Cowperthwait was searching for an assistant coach, she found an answer in former collegiate teammate Lisa Pfeiffer.

Like Cowperthwait, Pfeiffer was a four-year letterwinner at Virginia Tech. The two shared the field for three years in Blacksburg and both were members of the Hokies' 1999 Atlantic 10 Championship squad.

Pfeiffer started all four years at Virginia Tech and served as a team captain as a junior and senior. She was tabbed the team's most valuable player in 1998 and 2000 and earned All-Atlantic 10 Conference honors during her

senior season. During her freshman campaign, Pfeiffer was honored as the Hokies' Unsung Hero.

The Pottstown, Pa., native earned a Bachelor's of Science degree in health and physical education from Virginia Tech last December.

New to collegiate coaching, Pfeiffer served as an assistant varsity girls basketball coach at Salem (Va.) High School before moving on to Monmouth.

PERSONAL

Birthdate: June 7, 1978
Birthplace: Pottstown, Pa.
Hometown: Pottstown, Pa.

EDUCATION

High School: Owen J. Roberts HS (1995)
College: Virginia Tech (2000)

PLAYING EXPERIENCE

1997-2000 Virginia Tech

The pioneer of the Hawks lacrosse program Shari Krasnoo has departed, but all signs indicate that her predecessor **SUE COWPERTHWAIT** can take Monmouth to the next level.

Krasnoo guided the Hawks to a 53-33 record over the first six years of existence, including four consecutive 10-win seasons. In each of the last two years the Hawks posted identical 13-4 records. One thing Krasnoo's squads were unable to do is defeat conference rival Maryland-Baltimore County. Four of the Hawks eight losses over the last two seasons came vs. UMBC and Monmouth has dropped each of the first three NEC Championship games to the Retrievers, including one-goal losses in 1998 and 2000.

Cowperthwait, who served as a Hawks' assistant in 2000, has a well-stocked cupboard at her disposal as the Hawks return 11 of 12 starters from last season, including five All-Northeast Conference performers.

Monmouth's 46-16 record over the last four years helped them gain respectability in the Northeast and on the East Coast, but last season Monmouth garnered national recognition as they finished the regular season ranked No. 22 in the RPI and **HEATHER BRYAN** became the school's first lacrosse All-American. Bryan returns to lead the 2001 installment of Hawks' lacrosse and was tabbed as a second-team preseason All-American in January. Bryan ranked third in the country in scoring and set the NEC single-season record with 60 goals.

Other returning All-NEC performers include midfielders **KRISTEN HALL** and **STEPHENIE LaGROSSA** and defenders **ERICA KAUFFMAN** and **BETH WATTS**.

Although the Hawks only lost one starter, it will be no easy task to fill the void left by three-time All-NEC selection Rachel Tringali. Tringali equaled the conference's record for assists with 35 and ranked second on the team and in the league in scoring with 69 points. One candidate to fill the void left by Tringali is **JESS SALVESEN** who originally set the league's assist record in 1999 with 35, but missed the final 11 games of the 2000 season with an anterior cruciate ligament injury.

GOALKEEPERS

The Hawks will have a two-year starter returning in the cage. Junior **STACY MAKRIS** has been a stalwart in goal for Monmouth each of the last two years. She was tabbed the NEC Newcomer of the Year in 1999 and last season, despite being snubbed in the All-NEC balloting, Makris ranked seventh in the nation in goals-against average (.719) and ranked ninth in the country in save percentage (.601). Makris led the NEC in both categories.

The Hawks also have sophomore **EMILY BRUGGER** returning to serve as Makris' backup in goal. Brugger appeared in four games for the Hawks last season and amassed 69 minutes in goal.

Newcomer **LAUREN STRINA** will battle for the backup position. Strina also served as backup goaltender on Monmouth's 2000 Northeast Conference Championship winning field hockey squad.

DEFENDERS

The catalyst behind Monmouth's rise in stature has been its solid defense. The Hawks ranked sixth in the nation in goals-against average last season, allowing just 7.18 goals per game. This season the Hawks should maintain their prowess on defense as they return All-NEC performers **BETH WATTS** and **ERICA KAUFFMAN**. Watts has started all 49 games for the Hawks over



Junior Rebekah Murphy is among the bevy of talented returnees in the midfield for Monmouth

the last two seasons. Watts who played a team-high 1,016 minutes last season also earned Regional All-America honors for her efforts as a junior. Kauffman blossomed last season after serving as a reserve in each of her first two seasons. Kauffman converted hard work in the offseason into 15 starting assignments on the Hawks' defensive end.

The Hawks also have **MARISA MCCORMICK** and **CHRISTINE FRANZEN** returning on the defensive end. McCormick started 13 games for the Hawks last season while Franzen earned 16 starting assignments.

MIDFIELDERS

The midfield is a deep position for the Hawks and the group will be spearheaded by All-American and Northeast Conference Player of the Year **HEATHER BRYAN**. Bryan ranked third in the country in scoring and fifth in goals scored. Bryan, a three-time All-NEC selection, is looking to put an exclamation point on what will go down in history as one of the best careers ever in the NEC.

Joining Bryan in the midfield are All-NEC selections **KRISTEN HALL** and **STEPHENIE LaGROSSA**. Hall is a three-year starter. Last season she led the team with 29 caused turnovers and added 28 points on 22 goals and six assists. LaGrossa, who transferred from Temple prior to the 2000 season, made an immediate impact as a sophomore and ranked second on the team with 43 goals.

Sophomore **LISA CHERILL** adds a fourth returning starter to

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the mix after an outstanding freshman campaign. Cherill was twice named NEC Newcomer of the Week and posted 18 points on 13 goals and five assists.

REBEKAH MURPHY, ERIN REILLEY and **MEGAN KENNEY** each have starting experience and will push the frontline for playing time this season. Murphy, a junior, was Monmouth's top scorer off the bench last season and also earned six starts. Fellow junior Reilley appeared in 15 games last season and started five contests. Kenney participated in 10 games as a freshman, including one start.

Newcomers **ROBIN COVELESKI** and **COLLEEN MURPHY** will add depth to the midfield. Coveleski, a senior transfer from Mount St. Mary's, will make an immediate impact. She participated in 42 games during her three seasons with the Mountaineers, including eight starts. A highly touted prep player, Murphy will have time to mature this season as she learns from Monmouth's corps of talented midfielders.

ATTACKERS

JESS SALVESEN and **CHERI BROOKS** will be counted on to fill the scoring vacancy left by the departure of Regional All-America performer Rachel Tringali who is now serving as an assistant coach at Central Connecticut State University. Salvesen led the NEC in assists two seasons ago, but was hampered last season by an ACL injury. Brooks started all 17 games last season and scored 23 goals on just 38 shots.

MEG BROWN also returns as a starter. The sophomore filled in last season when Salvesen went down and Brown ended the season as Monmouth's top scoring freshman with 14 goals and seven assists.

A trio of newcomers will fight for backup roles. New Jersey native **LAURA LEVINS** is joined by New York products **STACY SYDLO** and **JENNIFER VERSAGGI**.

SCHEDULE

Monmouth is on the road for much of the 2001 season. The 17-game schedule features just six home games. Monmouth begins with games vs. St. Bonaventure, Duquesne and Holy Cross in Bermuda in early March. As the Hawks return to the mainland, Cowperthwait and Pfeiffer will lead the squad back to their old stomping grounds for a contest at Virginia Tech on March 17. The Hawks open their home slate on March 21 as they host Ohio State at Kessler Field. Following contests vs. Lafayette, at Pennsylvania and vs. Bucknell, Monmouth opens its conference slate as it hosts nemesis UMBC and Mount St. Mary's on April 7 and 8. In addition to their conference opponents, the Hawks will also travel to American and Fairfield down the homestretch. Monmouth has a distinct scheduling advantage this season. In addition to hosting the No. 1 and No. 3 teams (UMBC and Mount St. Mary's) this season, the Hawks will also welcome the Northeast Conference to West Long Branch for the 2001 NEC Lacrosse Tournament.

NORTHEAST CONFERENCE

Monmouth and UMBC are the favorites to battle for the NEC crown and could face-off in their fourth consecutive NEC Championship game.

The Hawks and Retrievers will be pushed by Mount St. Mary's who posted a 4-2 league record last season. Much like Monmouth's inability to get past UMBC, the Mountaineers have lost to Monmouth in the NEC semifinal game three consecutive seasons.

Sacred Heart and Wagner are both optimistic after posting winning records last year. The Pioneers and Seahawks were 9-7 and 9-6, respectively, last season. Quinnipiac and Central Connecticut State will be hard-pressed to stay out of the NEC cellar.

In 2002, the NEC lacrosse contingent will expand as St. Francis (Pa.) University is starting a women's lacrosse squad.

2001 ROSTER

NO.	NAME	POS.	HT	CL.	HOMETOWN	HIGH SCHOOL
1	Heather Bryan	M	5-4	Sr.	Medford, N.J.	Shawnee
2	Marisa McCormick	D	5-3	Sr.	Medford Lakes, N.J.	Shawnee
3	Cheri Brooks	A	5-8	Sr.	Plainsboro, N.J.	West Windsor-Plainsboro
4	Erin Reilley	M	5-4	Jr.	Willingboro, N.J.	Rancocas Valley
6	Lisa Cherill	M	5-4	So.	Voorhees, N.J.	Eastern
7	Kristen Hall	M	5-4	Sr.	Stony Brook, N.Y.	Ward Melville
8	Stacy Sydlo	A	5-2	Fr.	Horseheads, N.Y.	Horseheads
9	Christine Franzen	D	5-3	Jr.	Baldwin, N.Y.	Sacred Heart Academy
11	Emily Brugger	GK	5-4	So.	Medford, N.J.	Lenape
13	Jennifer Versaggi	A	5-4	Fr.	Massapequa, N.Y.	St. Anthony's
14	Meg Brown	A	5-6	So.	Glen Head, N.Y.	North Shore
15	Megan Kenney	M	5-2	So.	Stockton, N.J.	Hunterdon Central
16	Erica Kauffman	D	5-4	Sr.	Mount Holly, N.J.	Rancocas Valley
20	Laura Levins	A	5-8	Fr.	Voorhees, N.J.	Eastern
21	Jess Salvesen	A	5-8	Sr.	Setauket, N.Y.	Ward Melville
22	Stephanie LaGrossa	M	5-4	Jr.	Glenolden, Pa.	Prendergrast
23	Colleen Murphy	M	5-6	Fr.	Collegeville, Pa.	Methacton
24	Beth Watts	D	5-4	Sr.	Unionville, Pa.	Unionville
25	Rebekah Murphy	M	5-10	Jr.	Northfield, Vt.	Union 32
26	Robin Coveleski	M	5-6	Sr.	Brick, N.J.	Brick
29	Lauren Strina	GK	5-6	Fr.	Matawan, N.J.	St. John Vianney
30	Stacy Makris	GK	5-10	Jr.	McLean, Va.	McLean