

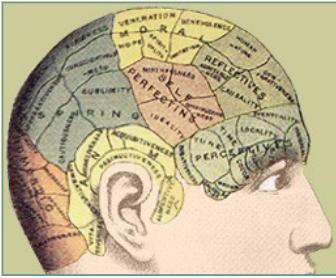
NEWS & NOTES

OFFICIAL NEWSLETTER OF THE DEPARTMENT OF PSYCHOLOGY

Editors: Dr. Natalie Ciarocco & Dr. Michele Van Volkom

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DOCUMENTARY ON MOTHER-DAUGHTER SEXUAL ABUSE PREMIERES ON CAMPUS

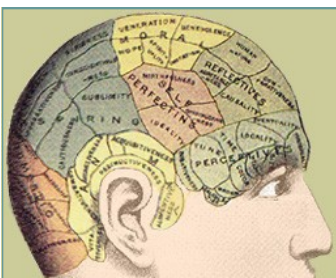
On November 8th Dr. Christine Hatchard, Psy.D. and Specialist Professor of Psychology at Monmouth University, premiered her documentary on mother-daughter sexual abuse. The film, titled *Who Will Love Me?: Four Stories of Mother-Daughter Sexual Abuse*, follows four female abuse victims as they discuss their victimization and continued struggle as survivors. The film was created as a way to educate the public and mental health professionals on this often unrecognized form of abuse and provide validation for survivors. The event was held in Wilson Hall and attended by over 150 people.

The four women featured in the film belong to an organization called Making Daughters Safe Again (MDSA) founded by Dr. Hatchard. The mission of MDSA is to support and advocate for survivors of mother-daughter sexual abuse,

to educate professionals and the general public, and to inspire action, knowledge, healing and hope. Since 1999, MDSA has been offering innovative online and in-person support services for survivors of mother-daughter sexual abuse, guest lectures, and comprehensive resources for anyone seeking information. Over the last several years, MDSA is proud to offer the only weekend retreat in the world for survivors of mother-daughter sexual abuse. The third annual retreat will be held this year from April 29th through May 1st. Currently two students affiliated with Monmouth University, Leilani Chin and Jacklyn Spurka, work as volunteers for the organization. The film has the endorsement of Ellen Bass, a renowned sexual abuse recovery expert and co-author of *The Courage to Heal*, stating, "Girls who are sexually abused by their



mothers suffer what may be the deepest emotional wounding there is. By letting us hear women talk about their own experiences, "Making Daughters Safe Again" provides essential education for supporters of survivors, both personal and professional, and will help every daughter who has been abused by her mother know that she is not alone, not to blame, and that healing is possible. This deeply moving film is an extremely valuable contribution to the field of healing from child sexual abuse." DVDs of the documentary will be available for sale through the MDSA website and amazon.com by January.



PSYCHOLOGY PROFESSOR TAKES ON NEW ROLE IN ACADEMIC FOUNDATIONS



Dr. Judith Nye

Dr. Judith L. Nye has taken on a new role beginning in the fall 2010 semester. She is the Associate Vice President of Academic Founda-

tions – General Education. In this role, Dr. Nye works closely with faculty members at the university to enhance teaching. For example, Dr. Nye’s office works with the Center for Excellence in Teaching and Learning (CETL) which provides workshops on various topics for faculty members, both new and seasoned. Another major contribution of Academic Foundations is working with those faculty who are teaching the new three credit first year seminar courses. Content-based first year seminar classes is one of the ways the

new 2010 General Education curriculum is preparing students to meet the challenges of the twenty-first century. Dr. Nye contributes to the first year seminar program by teaching a course on the topic of social influence. Many of the courses Monmouth undergraduates take fall under the general education curriculum, and they will broaden students’ horizons by exposing them to courses in cultural diversity and global understanding, as well as giving them a capstone experience in interdisciplinary perspectives.

FROM THE DESKS OF THE DEPARTMENT ADVISING COORDINATORS

We have been keeping busy in our role as the psychology department DACs (Department Advising Coordinators). We were pleased to welcome numerous students during the summer of 2010 as they transferred from other institutions into Monmouth.

One of our highlights of the fall semester was taking part in the Sophomore Connection/Transfer Advising event on September 29, 2010. This event gave all new sophomores and new transfer students the opportunity to interact with us and ask questions about advising and the curriculum for a psychology major. We were joined by many of our colleagues in the department, as they discussed opportunities like the senior thesis in

psychology, experiential education, and the five year master’s programs in fields like school counseling. We were also joined at this event by the officers of the Psychology Club and the Psi Chi international honor society, as the new students traveled from table to table to learn about the department and the many facets of majoring in psychology.

The other major highlight of our fall semester was being part of the annual open house on Sunday, October 10, 2010. We met with prospective students and parents informally at first, and then delivered a formal presentation in Wilson Auditorium that highlighted the wealth of opportunities that Monmouth and the Psychology Department offer to our students. We held two identical sessions, and

we are pleased to report that the first session was “standing room only” and the second session was also full of prospective students and their families.

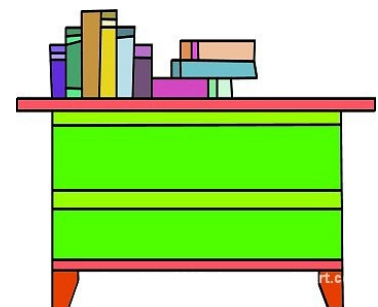
As always, if you have advising related questions, we are here to help! Our e-mail addresses appear below.

~Dr. Van Volkom

(mvanvolk@monmouth.edu)

~Dr. Lewandowski

(glewando@monmouth.edu)



PSI CHI INTERNATIONAL HONOR SOCIETY UPDATE

By: Ashley Battista, President

Psi Chi has had a great semester! After an incredibly successful induction in the spring, Psi Chi was blessed with active members who have made our events and fundraisers have a purpose. In October Psi Chi embarked on a newly started tradition, a trip to Six Flags Great Adventure to see a special dolphin show to learn how operant conditioning is tied to dolphin training. Our members were able to talk directly with the dolphin trainers and learn about a career that is not often linked to psychology but one that interests many

people. Psi Chi also had a successful fundraising event selling candy and caramel apples to raise money to enable the society to help the Ronald McDonald House. Before the end of the semester, the department's finest male professors made their way to the psychology classes dressed as Santa to deliver Santa-Grams also as a fundraiser!

A fun activity Psi Chi created for the members was making Professor Appreciation Cards for our favorite psychology professors. We have already done so much and are only

looking forward to everything else we have planned for next semester.



A Six Flags dolphin



Psychology Club Students at the Big Event

The fall 2010 semester with the psychology club has been another success! The club President is Stephanie Kocsik and this is her second year fulfilling this position. Three new members have been added to the executive board including, Yvonne Briddell as Vice President, George Mena as Secretary, and Miranda Bobrowski as Treasurer.

PSYCHOLOGY CLUB NEWS

By: Yvonne Briddell, Vice President

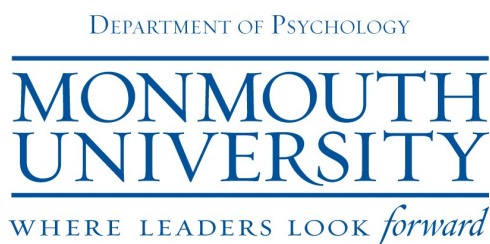
We have fulfilled our goal with getting more students involved. Our membership has become very strong this semester with a full room at every monthly meeting. The monthly meetings have covered topics from applying to graduate school to life as a school psychologist. Dr. Holman from Freehold public school district was our guest speaker at our October meeting. He discussed his experience as a school psychologist and private clinical practice. Dr. Natalie Ciarocco discussed graduate schools at our November meeting, from the aspect of how to apply to schools and how to prepare for the Graduate Record Examination (GRE).

The psychology club also assisted Dr. Hatchard with her documentary premiere about mother - daughter sexual abuse in November and had 12 members participate in the Big Event in October.

We finished our fall semester with making Linus blankets and donating them to the Ronald McDonald House in Long Branch, NJ. We also adopted a needy family and donated new gifts to the family for the holiday season. Again this year we decided to have a fundraiser where we sold delicious pies, just in time for Thanksgiving, with the proceeds going to the American Association for Suicide Awareness.

PSYCHOLOGY DEPARTMENT HOSTS 53RD SEMI-ANNUAL RESEARCH CONFERENCE

On Saturday, December 11, 2010, the semi-annual undergraduate research conference was held in Bey Hall. This semester the conference was co-ordinated by Dr. Hatchard and Dr. Stapley. After welcoming remarks from Dr. Stapley, Dean Green, and Psychology International Honor Society president Ashley Battista, participants attended research papers, research posters, and Experiential Education posters throughout the day. The research paper and poster presentations featured 25 thesis and independent study students presenting the results of their original projects. The conference also had a poster session featuring 14 Experiential Education students who highlighted their field placements. This semester our keynote speaker was psychologist Anne Gregory, Ph.D. Dr. Gregory is an assistant professor in the school psychology program at Rutgers University's Graduate School of Applied and Professional Psychology. Dr. Gregory investigates school and teacher characteristics associated with school safety and student cooperation. She conducts in-depth research on best teacher practices in classrooms as well as optimal school-level practices in a statewide sample of high schools. Several awards were given out at the conference. Catherine Mykytiuk received the award for best paper presentation. Catherine's paper was titled, *The Double Standard of Style: Men's and Women's Views of Women's Attire*. Chelseya O'Connell received the award for best poster presentation. Chelseya's poster was titled *Shyness, Self-Efficacy, and Body Type and Its Influence on Gait*. Nicole Sayben received the award for best Experiential Education poster. Nicole's placement allowed her to work at the Long Branch Senior Center. Congratulations to all the winners!



Research Poster winner Chelseya O'Connell with Chair Dr. Stapley



Research Paper winner Catherine Mykytiuk with thesis advisor Dr. Dinella



Experiential Education Poster winner Nicole Sayben with Chair Dr. Stapley



FACULTY HAPPENINGS

~*Natalie Ciarocco, Ph.D.*

Publications:

Ciarocco, N., Dinella, L. M., & Lewandowski, G. W., Jr. (in press). Strategies for making psychology self-relevant in and out of the classroom. In R. Miller & B. Rycek (Eds.) *Student Engagement E-book*.

Ciarocco, N., Vohs, K. D., & Baumeister, R. F. (in press). Some good news about rumination: Task-focused thinking after failure facilitates performance improvement. *Journal of Social and Clinical Psychology*.

~*Lisa M. Dinella, Ph.D.*

Grant:

Dinella, L. M. (2010). Seed grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACT Conference). American Psychological Association Board of Educational Affairs Block Grant in Support of Precollege and Undergraduate Teaching Conferences. (Amount awarded: \$750).

The conference will take place on September 23 and 24, 2011 at the Ocean Place, with key note speaker David Myers. The call for submissions will be coming out in the spring.

~*Christine Hatchard, Psy.D.*

Presentation:

Dr. Hatchard's documentary "Who will love me? Four stories of mother-daughter sexual abuse" premiered on November 8, 2010. Dr. Hatchard is the producer, director, and editor of the film. She is also the founder and director of Making Daughters Safe Again (<http://mdsa-online.org>)

~*Doris Klein Hiatt, Ph.D.*

Invited talk:

"Yearn to Learn" 2010 Women's Conference of the Brandeis National Committee, October 19, 2010, Radisson Hotel, Freehold, NJ. Dr. Hiatt presented "Surviving to Thriving in the Second Half of Life"

~*Gary W. Lewandowski, Ph.D.*

Publications:

Lewandowski, G. W., Jr., Nardone, N.,* & Raines, A. J.* (2010). The role of self-concept clarity in relation-

ship quality. *Self and Identity*, 9, 416-433. doi: 10.1080/15298860903332191.

Lewandowski, G. W., Jr. (2010). Break-ups aren't all bad: Coping strategies to promote positive outcomes. *APA: Research in Action*. Retrieved from <http://www.apa.org/research/action/romantic-relationships.aspx>

Karafantis, D.M., Pierre-Louis, J., & Lewandowski, G. W., Jr. (2010). A comparison of the multicultural and color-blind perspectives on the intergroup attitudes of college students. *Journal of Human Behavior and the Social Environment*, 20, 688-710. doi:10.1080/10911351003751876.

Lewandowski, G. W., Jr. (2010, Summer). Resources for facilitating the teaching of research methods in psychology. *Psychology Teacher Network Newsletter (APA)*. Retrieved from: <http://www.apa.org/ed/precollege/ptn/2010/07/issue.pdf>

Lewandowski, G. W., Jr. (2010). First Year Seminar: Psychology for (College) Life. *Office of Teaching Resources in Psychology* [On-line]. Retrieved from <http://www.teachpsych.org/otrp/syllabi/gl10psychology.pdf>

Website Launch:

Dr. Lewandowski, Dr. Ciarocco and Dr. Strohmetz successfully launched www.TeachPsychScience.org on June 1st, 2010. To date the site has had over 2,700 visits with nearly 15,000 page views. Currently, TeachPsychScience.org provides: PowerPoints, exemplar studies, class demonstrations, class/lab activities, assignments, student practice exercises, and links to web-based resources. The site has been linked on several established webpages (e.g., Social Psychology Network, SRCD Teaching Resources, the Society for Teaching of Psychology, MERLOT Psychology).

~*Janice C. Stapley, Ph.D.*

Invited talk:

"Yearn to Learn" 2010 Women's Conference of the Brandeis National Committee, October 19, 2010, Radisson Hotel, Freehold, NJ. Dr. Stapley presented "Speaking with Adult Children"

* indicates Monmouth Student