

Foods of Peru Dinner (Bufett Peruano)

ENTRADAS

1.- Papa a la Huancaina (Boiled Potato with a special spicy sauce)

Fresh yellow pepper (seeded and deveined), farmers cheese, milk, oil. Served with boiled potato, eggs and olive.

2.- Causa Rellena de pollo (Stuffed potato with chicken)

Potatos, limes juice, fresh yellow pepper, breast chicken, mayonnaise. Decorate with olives, red pepper, hardboiled eggs.

3.- Ceviche

White, fresh tender fish, onion, limes juice, aji limo (chili) salt, pepper, garlic. Seved with potato, sweet potato, corn, lettuce.

PLATO DE FONDO

4.- Carapulcra de Chanco (Dried potatoes with pork)

Freese dried potatoes, boneless pork meat, peanuts (toasted and coarsely processed), garlic, aji panca molido, yellow pepper,

5.- Escabeche de pollo.-

Chicken, vinegar, oil, garlic, yellow pepper, onion, pep per. Decorated with hard boiled eggs, yucca, black olives and lettuce.

6.- Seco de Carnero.-

Boneless lamb meat, yellow pepper, cilantro, green beans, carrots.

7.- Aji de Gallina (chicken in aji sauce)

Chicken, bread (soaked in milk), pecans, garlic, yellow pepper. Served with potato, olive, hard boiled eggs.

8.- Arroz Blanco (white rice)

9.- Lomo saltado (sliced tenderloin) sliced beef sautéed with onion, tomato, vinegar, cilantro and served with French fried potatos and white rice.

POSTRES

10.- Arroz con leche.-

Popular dessert made with evaporated milk, condensed milk, white rice, raisins and sugar.

11.- Mazamorra Morada.-

A jelly-like dessert that takes on the color of one its main ingredient: purple maize. It also includes small slices of apples and pineapple.

12.- Leche Asada.- evaporated milk, condensed milk, eggs , sugar and vanilla.

13.- Ensalada de Frutas (fruit salad)

14.- Chicha Morada.- refreshment prepared from a base of boiled purple maize to which are added lemon juice, cinnamon, and sometimes chunks of pineapple.

15.- Pisco Sour.- a cocktail made from pisco combined with lemon juice, the white of an egg and sugar.

16.- Cerveza Peruana (Peruvian Beer), Inka Kola (Peru's national soda)